



#KEEPCLIMBING

END OF NO ELEVATORS DAY.

***I did it, me, _____ ,
I managed to take the stairs on 25.04.18. This everyday challenge
which seemed so hard to overcome. I did it for my friends, for my
organisation, for Europe, for my health and also for _____
but most of all, for me. Do you know the feeling?
I became aware that having a healthy lifestyle can _____ .
Taking the stairs is an easy way to be active, and I will encourage
_____ to do it every day. From today, I know that I am able
to _____ . On 25.04.18, we took the stairs together, something
changed, something that we all deserve: _____ .
Today, I did the first step. But one step can make big differences.***

THE BEGINNING OF A NEW LIFE.

Organised by:



Supporting:



An initiative
of the

